

Lesson 2: Motivation to Go to Mass

1. What attitudes and comments about attending Mass does Fr. Mike address?

- a. I don't like going to Mass because I don't get anything out of it.
- b. Traffic is so bad on Sundays.
- c. He doesn't really talk about Mass.
- d. Mass is old-fashioned.

Discussion:

Sometimes I feel like going to Mass is ...

2. Why is it a big deal to miss Mass intentionally?

- a. It violates the Fourteenth Precept.
- b. It violates the ninth commandment.
- c. It violates the third commandment.
- d. It isn't a big deal at all.

Discussion:

The..... commandment is to honor the...

3. According to Fr. Mike, what does God give us in Mass?

- a. The fulfillment of his law
- b. The satisfaction of his wrath
- c. Fulfillment of our wishes
- d. His Word and himself

Discussion:

When someone says that they do not "get anything out of Mass," what are they missing?

4. What is worship? Why should we worship God?

- a. Worship is the fulfillment of our religious duty, which we do when we attend church.
- b. Worship is offering our very best to Jesus, who gives himself to us and, as priest and victim, is offered to God the Father.
- c. Worship is the fulfillment of the law. We worship God out of fear of punishment.
- d. Worship is offering something to God in order to satisfy our duty to him in exchange for his approval.

Discussion

Worship is...

5. Mass is about worship, not about "getting something out of it." How might this understanding actually help us "get more" out of Mass?

6. The word Eucharist means "thanksgiving." How is gratitude for God's gifts connected to an attitude of real worship?

7. What are some practical things we can do to worship more wholeheartedly?

ROMANS 12:1-2

"I appeal to you therefore, brethren, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world but be transformed by the renewal of your mind, that you may prove what is the will of God, what is good and acceptable and perfect."